



# Digital Guide



W  
TOGETHER  
2023 *WomanUP!*<sup>®</sup>

[IamWomanUP.com](http://IamWomanUP.com)

During our days of retreat,  
reflect on this prompt:  
Together, we...



There are coasters on the tables and handheld whiteboards at the step + repeat where you can snap a photo with it!

# W TOGETHER 2023 *WomanUP!*

## MONDAY - JUNE 12

4 PM

Registration Open

### 4-6 PM Meet + Mingle with Leaders

Join us to mix and mingle with the leaders at our welcome reception, complete with drinks and light bites with our Partners, Speakers, and WaveMakers on the Grand Coastal Terrace!

We are excited to see you and toast the 2-day Retreat designed to refresh your mind and body connection to your WHY!

### 6:30 PM Wavemaker Dinners

Join one of our WaveMakers group dinners in O'side. While the dinner cost is not included, these organized gatherings create an opportunity to connect more deeply, meet new people, and explore the beachy town as the sun sets.

Check availability here: [iamWomanUP.com/2023-experiences](https://iamWomanUP.com/2023-experiences)



# TUESDAY - JUNE 13

**6 AM:** Morning Walk with C.A.R. Leadership

**7 AM:** Morning Yoga - Poolside at Mission Pacific

**7 AM-5 PM:** Introvert's Lounge - The Wood Library

**8 AM:** Breakfast + Connecting  
Grand Coastal Foyer + Coastal Terrace

**9:30 AM:** Welcome to the 2023 WomanUP!® Retreat  
Grand Coastal Ballroom

**9:50 AM:** The Importance of Women in Leadership  
Highlighting: Jennifer Branchini, Melanie Barker, and Heather Ozur

**10:10 AM:** Shine a Light on Her - A Leadership Legacy  
Highlighting: Jennifer Branchini + Kate Inman

**10:35 AM:** Shine a Light on Her - Transformational Leadership: How Women Expand the Vision  
Sara Sutachan sits down for a conversation with Kamini Lane

**11 AM:** Wisdom Talks - Thriving in Turbulent Times  
Highlighting: Taunee English, Jennifer Lind, Dani Vanderboegh

**11:15 AM:** CircleUP Collaborative Conversations

**11:45 AM:** Shine a Light on Her - The Power of Collaborative Leadership  
A conversation between Michelle Mills Clement and Sarah Ware

**12:05 PM:** WaveMaker Wrap UP

**12-1:15 PM:** Lunch + Connecting  
Grand Coastal Foyer + Coastal Terrace

**12:30-1:15 PM:** Lunch + Learn Putting Together a Marketing Plan

Highlighting: Tiffany Curry, Christine George, Carrie Edwards, and Molly McKinley

**1:30 PM:** Welcome Back

**1:35 PM:** Wisdom Talks -The Power of Fierce Conversations  
Highlighting: Rhonda Keliipio, Melissa Sofia, Nicole Aissa

**1:55 PM:** CircleUP Collaborative Conversations

**2:25 PM:** Keynote - Relentless: Authenticity, Rebellion, and Rising Against the Odds  
Highlighting: Kathleen Black

**2:55 PM:** WaveMaker Wrap UP

**3-5 PM:** Afternoon Playtime in Oceanside

**5-7 PM:** Poolside Soirée - The Seabird Resort Shelter Club + Patio

**7:30 PM:** WaveMaker Dinners



# WEDNESDAY - JUNE 14

**6 AM:** Morning Walk with C.A.R. Leadership

**7 AM:** Morning Yoga - Poolside at Mission Pacific

**7 AM-5 PM:** Introvert's Lounge - The Wood Library

**8 AM:** Breakfast + Connecting  
Grand Coastal Foyer + Coastal Terrace

**9:30 AM:** WaveMaker Welcome  
Grand Coastal Ballroom

**9:35 AM:** Live Coffee + Conversation w/ Leslie - The U  
Curve of Happiness: How to Get Happier as We Age  
Leslie Appleton Young sits down for a conversation  
with Bernice Ross and Carol Facciponti-Malcolm

**10:05 AM:** Keynote - Radical Acceptance: The Power  
of Letting Go + Letting Them  
Highlighting: Debra Trappen

**10:20 AM:** Wisdom Spotlight - How You, Yes You!,  
Can Change The World Through Advocacy  
Highlighting: Erin Morrison

**10:30 AM:** Shine a Light - Creating a Legendary  
Impact  
Debra Trappen sits down for a conversation with  
Sherry Chris

**11 AM:** Wisdom Talks  
Preparing Now For Your Next New Season  
Highlighting: Nancy Robinson, Renée Roqué, Sabrina  
Brown, Kama Burton

**11:20 AM:** CircleUP Collaborative Conversations

**11:45 AM:** Keynote - Taking Charge of Change  
Highlighting: Denean "DD" Richards

**12:05 PM:** WaveMaker Wrap UP

**12 PM:** Lunch + Connecting  
Grand Coastal Foyer + Coastal Terrace

**12:30-1:15 PM:** Lunch + Learn Building Wealth  
Through Real Estate  
Highlighting: Bernice Ross

**1:30 PM:** WaveMaker Welcome

**1:35 PM:** Shine a Light - Finding Your People  
Barb Betts sits down for a conversation with  
Heather Ozur

**1:55 PM:** Wisdom Spotlight - Leading with  
Compassion  
Highlighting: Tami Bonnell

**2:05 PM:** Shine a Light - Rising Out of the Ashes  
Sara Sutachan sits down for a conversation with  
Melanie Barker and Jan Ramos

**2:25 PM:** Closing Keynote  
Creating a Future of Belonging:  
Together, we open our hearts and see each other.  
Highlighting: Irma Herrera

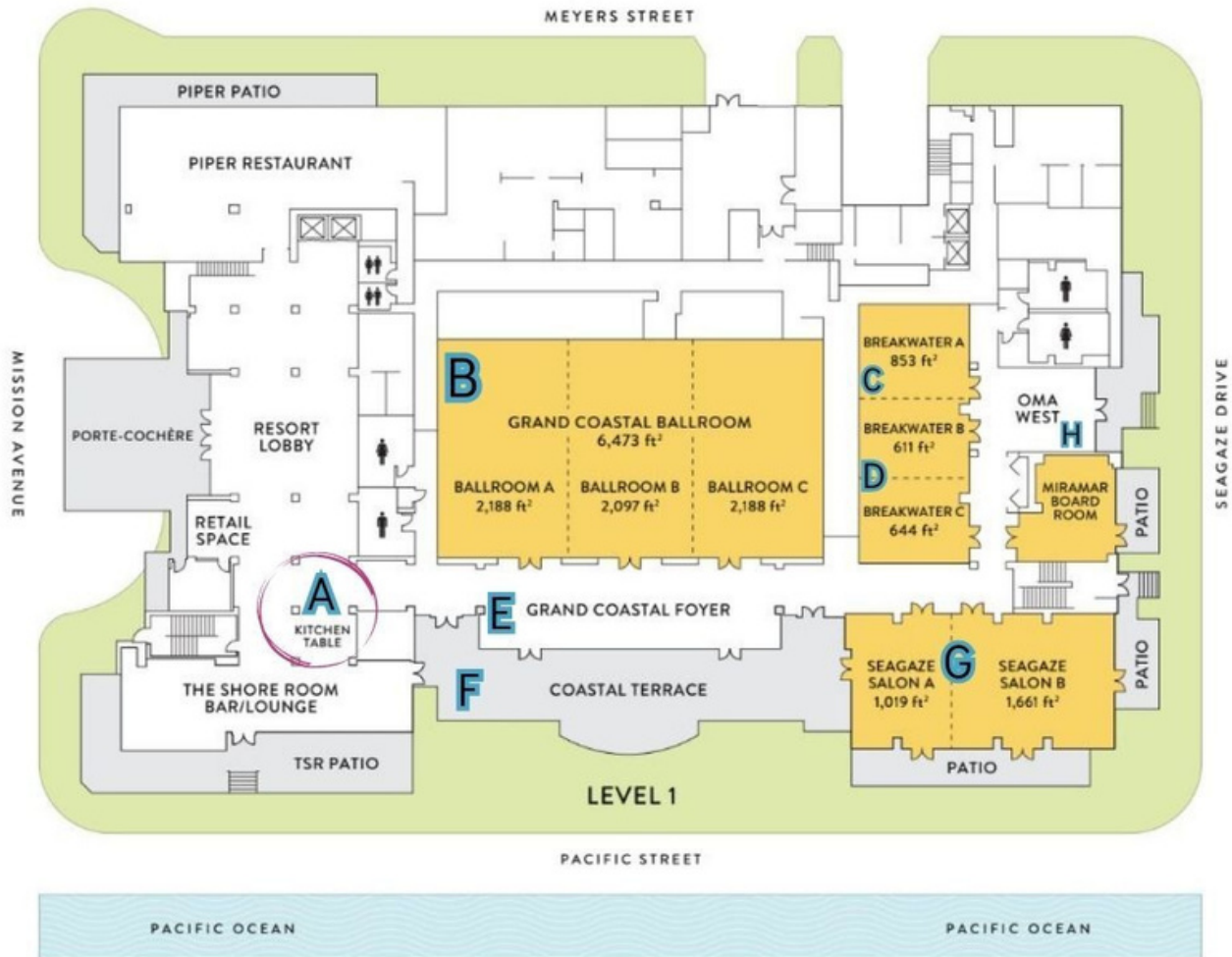
**2:55 PM:** WrapUP WomanUP!® 2023

**3:30-5:30 PM:** Wine Tasting Experience with Alycia  
and Angelina Mondavi - Seagaze Salons

**3:30-5:30 PM:** Oceanside Museum of Art Tour



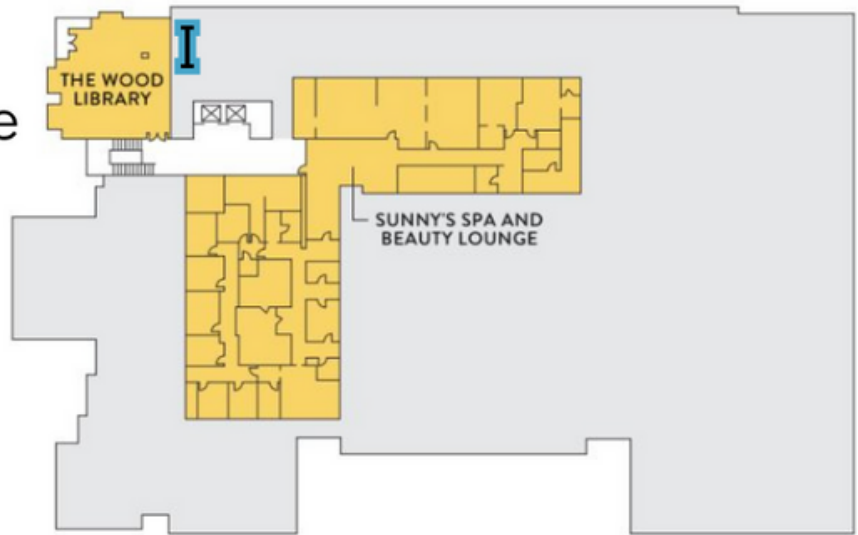
# DIRECTORY



- A. WomanUP!® Event Registration at Resort Lobby Kitchen Table
- B. Grand Coastal Ballroom - Session space
- C. Breakwater A: Speaker's Lounge
- D. Breakwater B/C: Staff Meeting Space
- E. Sponsor Exhibitor Hall
- F. Breakfast/Lunch space
- G. Wine Tasting Experience
- H. Kathleen Black Book Signing

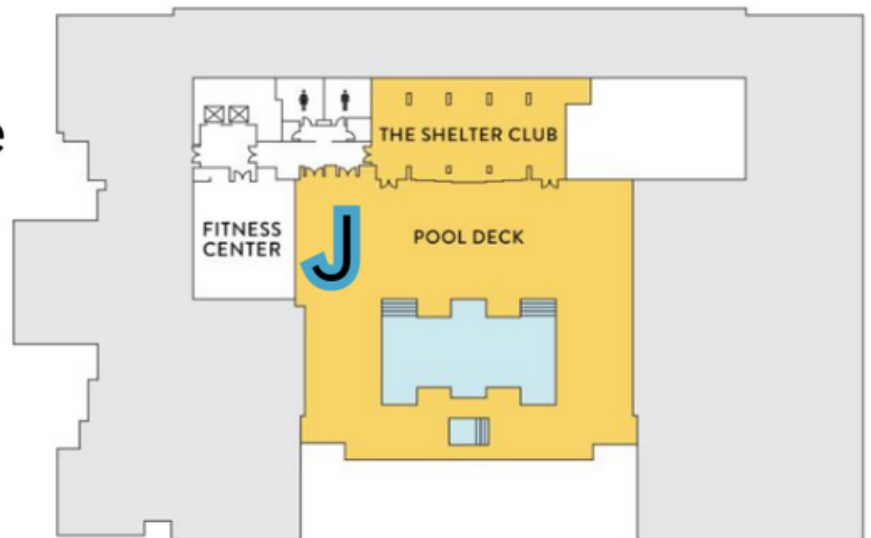


## I. Introvert's Lounge



LEVEL 2

## J. Poolside Soiree



LEVEL 3



HAVE A QUESTION? ASK A  
WOMANUP® STAFF MEMBER!

# Gentle Reminder

Kathleen Black's Book Signing will be happening  
Tuesday, June 13 at 3PM in OMA West





# DAILY CHECKLIST

## HYDRATE

Stay hydrated throughout the day! 2 waters for every coffee...



## ENGAGE

Take a look at your coaster! Fill out the blank with your best answer!



## NETWORK

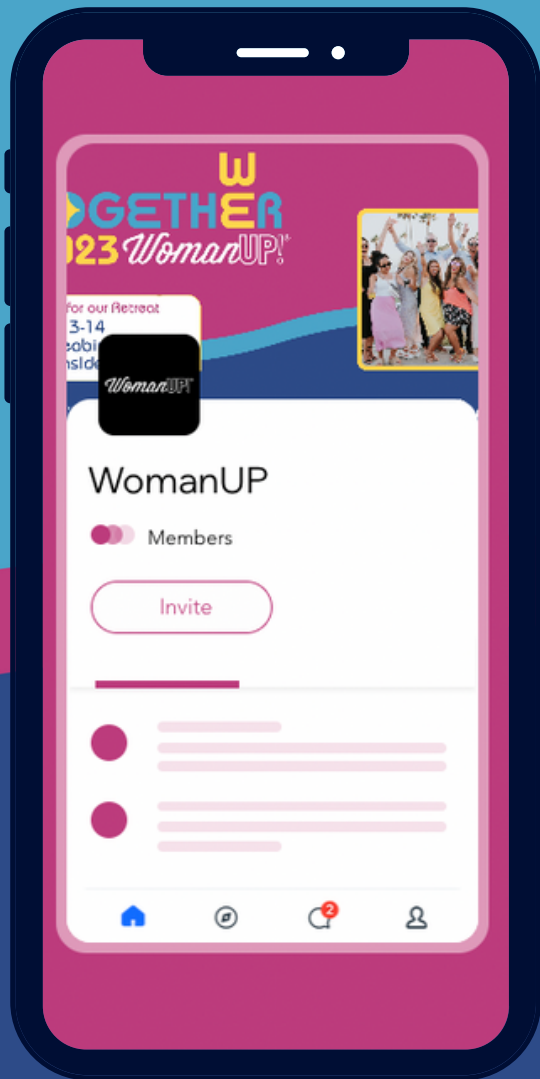
Connect with our amazing Speakers, WaveMakers, and Attendees!



# LEARN SOMETHING NEW!



# Download Our App!



- Review the Agenda
- RSVP for Experiences
- Chat with Fellow Attendees
- Connect with WaveMakers
- Connect with Speakers
- Take Surveys
- Share Your Story
- Listen to the Podcast
- See Community UPdates
- Access Special Discounts
- Purchase 2023 Swag...  
and pick it up on a break!



Download Our App



# 2023 WaveMakers



Annette Anthony



Barb Betts



Cathy Scharetg



Claudia Diaz



Donelle DuFault



Joanne Bazarian



Jocelyn Lomahan



Kama Burton



Kendyl Young



Luisa Zepeda



Pam Blair



Parisha Kinsey



Renée Roqué-White



Rhonda Keliipio



Sabrina Brown



Sandra Miller



Stacey Soleil

WaveMakers are our strongest champions, our dearest advocates, the ripple creators, and the buzz builders.

Looking for information, a warm introduction, or someone to share a meal with during the Retreat? Look to these amazing leaders!

» Connect with Wavemakers

Visit the PopUP! Shop to collect your pre-order and/or to purchase our Exclusive 2023 Swag!

POPUP!



\$25

"Together We" Shirt

Our exclusive pink t-shirt will be available at a limited quantity

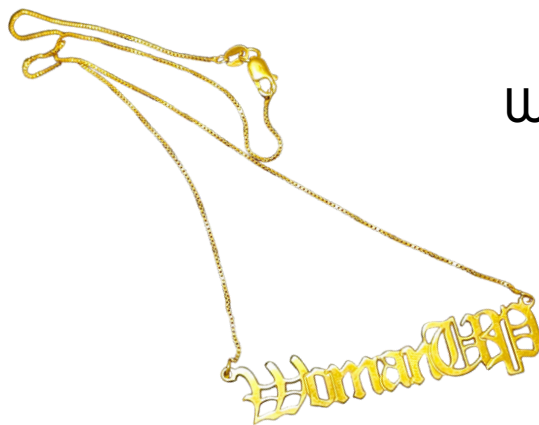


\$25

"Together We" Trucker Hat



WomanUP!®  
Necklace



\$60

SHOP



Click here for our full swag catalog!

# WAVEMAKER'S CHOICE

MELISSA SOFIA & JOCELYN LOMAHAN  
TOP LOCAL PICKS!

## FOOD & DRINKS

**Cococabana** - Get your cocktails or dinner here!

**Q & A Restaurant and Oyster Bar** - Specializes in cajun & creole cuisine!

**The Rooftop Bar** - lively sky bar deck and pool, great for cocktails, lunch, & dinner



**333 Pacific** - Steakhouse on the water, perfect for dinner & drinks with an ocean view

**Piper** - at the Seabird! Great place for dinner and cocktails

**Cup** - Start your morning at the perfect place for coffee & breakfast

**The Plot** - Amazing vegan spot in Oceanside!

**Harney Oceanside** - lounge & dinner place for incredible sushi

**Toasted** - Gastrobrunch & Dinner amazing place for food and bottomless mimosas

**Kilowatt Brewing** - really fun place to grab a beer but the best part is inside there is a speakeasy called Spacepad with out of this world cocktails

**Pacific Coast Spirits & Kitchen** - Great place for lunch dinner & drinks



## OTHER FUN ACTIVITIES

**The Rising** - a collective of boutiques and a fun place to grab coffee and shop local

**Oceanside Pier** - fun place to walk & shop with great bites & sunset views

**Oceanside Sunset Market** - Wonderful street fair on Thursdays!

**FIT4MOM® SAN DIEGO** - fitness activities on the beach at Oceanside pier for women



# OUR 2023 LINE UP



**ANNETTE ANTHONY**

EXIT Realty Corp.  
International



**BARB BETTS**

The RECollective



**BERNICE ROSS**

RealEstateWealthForWomen.com



**CAROL FACCIPONTI-MALCOLM**

Carousel Realty



**CARRIE EDWARDS**

Post & Beam Creative, LLC



**CATHY SCHARETG**

Intero Real Estate



**CHRISTINE GEORGE**

Post & Beam Creative, LLC



**CLAUDIA DIAZ**

West Shores Realty Inc.



**DANI VANDERBOEGH**

Inman



**DEBRA TRAPPEN**

d11, LLC



**DENEAN "DD" RICHARDS**

myNHD



**DONELLE DUFAULT**

A List Properties



**Click here to connect with  
our speakers!**

# OUR 2023 LINE UP



**ERIN MORRISON**  
LGBTQ+ Real Estate  
Alliance



**HEATHER OZUR**  
2023 C.A.R. Treasurer



**IRMA HERRERA**  
Irma Herrera



**JAN RAMOS**  
Town & Country  
Property Management



**JENNIFER BRANCHINI**  
2023 C.A.R. President



**JENNIFER LIND**  
Coldwell Banker



**JOANNE BAZARIAN**  
London Properties



**JOCELYN LOMAHAN**  
The Avenue Home  
Collective



**JOHN SEBREE**  
C.A.R.



**KAMA BURTON**  
CMB Realty Services



**KAMINI LANE**  
Coldwell Banker



**KATIE INMAN**



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# OUR 2023 LINE UP



**KATHLEEN BLACK**  
Kathleen Black Inc.



**KENDYL YOUNG**  
DIGGS



**LAURA MONROE**  
Inman News



**LESLIE APPLETON-YOUNG**  
WomanUP!®



**LUISA ZEPEDA**  
eXp Realty



**MELANIE BARKER**  
2023 C.A.R. President-Elect



**MELISSA SOFIA**  
The Avenue Home  
Collective



**MICHELEE MILLS CLEMENT**  
Chicago Association of  
REALTORS



**MOLLY MCKINLEY**  
Redtail Creative



**NANCY ROBINSON**  
Christie's International  
Real Estate Sereno



**NICOLE AISSA**  
Red Oak Realty



**PAM BLAIR**  
YogaBug Real Estate LLC



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# OUR 2023 LINE UP



**PARISHA KINSEY**  
Got Realty?



**RENEE ROQUE-WHITE**  
Alexis McGee Group



**RHONDA KELIPIO**  
SparrowLily Realty, Inc



**SABRINA BROWN**  
Brown and Brown Real Estate



**SANDRA MILLER**  
Engel & Völkers  
Santa Monica



**SARA SUTACHAN**  
C.A.R.



**SARAH WARE**  
Ware Realty Group, LLC



**SHERRY CHRIS**  
Anywhere RE



**STACEY SOLEIL**  
Follow Up Boss



**TAMI BONNELL**  
EXIT Realty Corp.  
International



**TAUNEE ENGLISH**  
The Business Caretaker



**TIFFANY CURRY**  
BHHS Tiffany Curry &  
Co., REALTORS



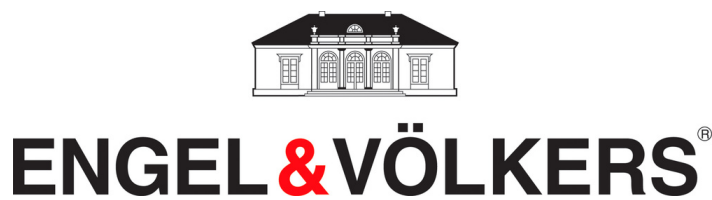
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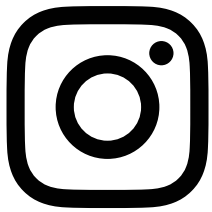


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Take this quick survey to share how your experience was at the conference!

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You will be entered to win a complimentary ticket to the 2024 Conference!





Thank you for joining us!  
Stay tuned for UPdates!

For now...  
Be sure to share your story  
with us here!



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